

WELCOME

1



Shef**A**mma

Introducing our Dinner Chart
Veg and Non-Veg



Below you will find a weekly chart, which basically tell what we are going to serve you everyday for a week.

2

Monday

Roti-Tadka Thaali



- Roti (4 Pieces)
- Tadka **VEG**
- Jeera Rice (1 Cup)
- Mixed Sabzi
- Salad

Tuesday

Roti Paneer



- Roti X 5
- Paneer | {Matar, **Palak, Kabuli Chana, or Capsicum**}
- Salad

Wednesday

Egg Curry



- Roti | 5 piece
- **Egg curry**
- Sabzi | Seasonal Veggies
- Salad

Thursday

Aloo Paratha



- Aaloo Paratha | 2 Piece
- Mustard Chutney & Sauce
- Salad



Below you will find a weekly chart, which basically tell what we are going to serve you everyday for a week.

3

Friday

Roti-Tadka Thali



- Roti (4 Pieces)
- Tadka | **Egg or Chicken**
- Jeera Rice (1 Cup)
- Mixed Sabzi
- Salad

Saturday

Roti Paneer



- Roti X 5
- Paneer | {**Matar, Palak, Kabuli Chana, or Capsicum**}
- Salad

Sunday

Egg Curry



- Roti | 5 piece
- **Egg curry**
- Sabzi | Seasonal Veggies
- Salad

The above chart includes 4 Veg_plates and 3 Non-Veg_plates each week

Four Week Meal Plan Cost (Including packaging)

2524/-

Delivery charges

Discounted

Two Week Meal Plan Cost (Including packaging)

1300/-

Delivery charges

Discounted

Call Us/What's App - 9875503630

Mail at contactus@shefamma.com



Policy for Tiffin Plan

- If you won't be available for 5 days or more, please let us know in advance. We'll then move your meal plan forward by the number of days you're away.
 - However, if you're unavailable for a period of 1 to 4 days, we can't adjust your meal plan to shift those days ahead.
 - We require payment for the entire plan in advance. You have the option to pay when we deliver your first meal.
 - We're open to feedback and will do our best to customize your meals to your preferences.
 - We kindly ask that you inform us ahead of time if your plans change and you won't be able to receive your meal. This helps us avoid wasting food and energy.
-

Feel free to contact us if you have any questions. We're here to assist you in every way we can and would love to serve you with our home-cooked delights!

Call Us/What's App - 9875503630

Mail - contactus@shefamma.com

